

Women's Retreat 2010

SCHEDULE page 1

Friday - September 24

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| 8:00 am | Registration | | |
| 9:00 am | Morning Prayer with Hymn Sing | | |
| 9:30 am | Keynote Address by the Rev. Mary Garner | | |
| 10:00 am | Break | | |
| 10:15 am | Journaling Workshop with
Laura Oliver | OR | Book Discussion with
the Rev Mary Garner |
| 12:00 noon | Noonday Prayer with Hymn Sing | | |
| 12:15 pm | Lunch & Free Time | | |
| 2:00 pm | Mandalas & Mandorlas with
Susan Harwood | OR | Anglican Prayer Beads
with Carol Sullivan |
| 4:45 pm | Break | | |
| 5:00 pm | Evening Prayer with Hymn Sing | | |
| 5:30 pm | Dinner | | |
| 7:00 pm | Candle-lit Labyrinth Walk with Meditation by Deacon Melody Sutherland | | |
| 8:30 pm | Compline with Hymn Sing | | |
| 9:00 pm | Dismissal & Survey Forms | | |

SCHEDULE page 2

Saturday September 25

- 8:00 am Breakfast & Registration
- 9:00 am Morning Prayer with Hymn Sing
- 9:30 am Women: Prophets & Priests with the Rev. Mary Garner OR Cooking Demonstration & Book Signing by Katie Moose
- 10:30 am Break
- 10:45 am Book Discussion with Roberta Gribbon OR Yoga on the Grass with Sharon Cameron
- 12:00 noon Noonday Prayer and Hymn Sing
- 12:15 pm Lunch
- 1:00 pm Tea Time with Kathy Kwiatkowski
- 2:00 pm Healing Eucharist with Laying On of Hands
Celebrant: the Rev. Canon Heather Cook and Deacon Melody Sutherland
- 3:00 pm Dismissal & Survey Forms